



Wellness Policy Information

Beginning in the 2017-18 school year changes were made to the district's wellness policy. A big thank you to parents for following the changes made to the wellness policy, specifically what families send to school to celebrate their child's birthday. Your cooperation is very much appreciated. Below are some examples of snack items that meet our "smart snack" guidelines.

- Cheese stick
- Yogurt
- 100 calorie or less pack items
- Fruit snacks, made with real fruit juice
- Fresh fruit, vegetables
- Rice cakes
- Graham crackers
- Rice Krispie treats
- Granola bars
- Popcorn

Items that do not meet our "smart snack" guidelines:

- Cupcakes
- Pre-packaged snack cakes
- Cookies
- Donuts

