

## 2019 SUMMER CAMPS

### BOBCAT BOYS BASKETBALL CAMPS

**BOBCAT TEAM CAMP** *Includes camp shirt, team camp & group workout*

**Grades 9, 10, 11, 12 (Fall 2019)** .....\$100

Dates & Times: June 5, 6, and 7 - 8:00am-9:30am (BHS or 5<sup>th</sup> Street Gym)

June 12 and 13 - 10:00am-11:30am (BHS or 5<sup>th</sup> Street Gym)

**GROUP WORKOUTS** During the workouts, players will work on fundamental skills and implementing the skills in competitive situations like 1 on 1, 3 on 3, or 5 on 5.

Dates: June 25 and 27, and July 9, 11, 16, 18 (Tuesday & Thursday)

Times: 8:00am-9:30am

Location: Brookings HS or 5<sup>th</sup> Street Gym

Camp Staff: BHS Boys' Basketball Coaches

**BOBCAT TEAM CAMP** *Includes camp t-shirt, team camp & group workout*

**Grades 7, 8 (Fall 2019)** .....\$100

Date & Times: June 5, 6, and 7 - 10:00am-11:30am (BHS or 5<sup>th</sup> Street Gym)

June 12 and 13 - 8:00am-9:30am (BHS or 5<sup>th</sup> Street Gym)

**GROUP WORKOUTS** During the workouts, players will work on fundamental skills and implementing the skills in competitive situations like 1 on 1, 3 on 3, or 5 on 5.

Dates: June 24 and 26, and July 8, 10, 15, 17 (Monday & Wednesday)

Times: 8:00am-9:30am

Location: Brookings HS or 5<sup>th</sup> Street Gym

Camp Staff: BHS Boys' Basketball Coaches

**ELEMENTARY CAMPS** *Includes camp t-shirt*

Camp Staff: BHS Coaches and Athletes

**Grades 5, 6 (Fall 2019)** .....\$40

Dates: June 17, 18, 19, 20

Times: 10:30am-12:00pm

Location: Camelot Intermediate School

**Grades 3, 4 (Fall 2019)** .....\$40

Dates: June 17, 18, 19, 20.

Times: 9:00am-10:15am

Location: Camelot Intermediate School

**Grades 1, 2 (Fall 2019)** .....\$40

Dates: June 17, 18, 19, 20

Times: 1:00pm-2:00pm

Location: Camelot Intermediate School

**BOYS BASKETBALL OPEN GYMS**

Dates: June 3- June 27, July 8 - July 24

Times: Monday and Wednesday, 6:00pm-7:30pm

Location: Brookings High School or 5<sup>th</sup> Street Gym

## BOBCAT GIRLS BASKETBALL CAMPS

### **BOBCAT TEAM CAMP** *Includes Bobcat Beach Towel, Team Camp, & Skill Development*

**Grades 9, 10, 11, 12 (Fall 2019)** .....\$100

Dates & Times: June 10-14 – 8:00am-9:30am (BHS)

**SKILL DEVELOPMENT** During skill development, players will work on fundamental skills and implementing the skills in competitive situations.

Dates: June 18, 20, 25, & 27 (No volleyball players allowed the 18<sup>th</sup> & 20<sup>th</sup>)

July 9, 11, 16, 18, 22, & 25 (Tuesdays & Thursdays)

Times: 8:00am-9:30am

Location: (Brookings High School, 5<sup>th</sup> St. Gym, or Dakota Prairie)

Camp Staff: BHS Girls' Basketball Coaches

### **BOBCAT TEAM CAMP** *Includes Bobcat Beach Towel, Team Camp, & Skill Development*

**Grades 7, 8 (Fall 2019)** .....\$80

Dates & Times: June 10-14 – 10:00am-11:30am (BHS)

**SKILL DEVELOPMENT** During skill development, players will work on fundamental skills and implementing the skills in competitive situations.

Dates: June 18, 20, 25, & 27 (No volleyball players allowed the 18<sup>th</sup> & 20<sup>th</sup>)

July 9, 11, 16, 18, 22, & 25 (Tuesdays & Thursdays)

Times: 10:00am-11:00am

Location: (Brookings High School, 5<sup>th</sup> St. Gym, or Dakota Prairie)

Camp Staff: BHS Girls' Basketball Coaches

### **ELEMENTARY CAMPS** *Includes Outdoor Bobcat Basketball*

Camp Staff: BHS Girls' Basketball Coaches and Athletes

**Grades 5, 6 (Fall 2019)** .....\$40

Dates: June 10-14 Times 12:45pm-2:15pm

Location: Dakota Prairie

**Grades 3, 4 (Fall 2019)** .....\$40

Dates: June 10-14 Times 2:15pm-3:15pm

Location: Dakota Prairie

**Grades 1, 2 (Fall 2019)**.....\$40

Dates: June 10-14 Times 3:15pm-4:15pm

Location: Dakota Prairie

## BOBCAT GYMNASTICS CAMP

### **BOBCAT GYMNASTICS CAMP**

Grades 7, 8, 9, 10, 11, 12 (Fall 2019) *Includes camp t-shirt*.....\$85

Dates: June 10, 12, 17, 19, 24, 26, July 8, 10, 15, 17, 22, 29

Times: 1:00pm-3:00pm (Monday-Wednesday)

Location: Gold Medal Gymnastics (Register at BHS)

Coach: Rachelle Engbrecht

## **BOBCAT FOOTBALL CAMPS**

### **BOBCAT HIGH SCHOOL FOOTBALL CAMP**

**Grades 10, 11, 12 (Fall 2019) Includes camp t-shirt if registered by May 24<sup>th</sup> .....\$100**

The purpose of summer camp is to teach football fundamentals and the Bobcat offensive and defensive schemes. This camp is for the incoming 10<sup>th</sup> grade through 12<sup>th</sup> grade BHS football players. Drill work will focus on individual and position skills and techniques. Team concepts will be taught. We encourage all participants to join us at SDSU team camp June 17-19. This is a separate camp run by the SDSU staff and players. Sign up for the SDSU team camp will happen during the week of the Bobcat camp. Information will be provided at that time.

Dates & Times: June 3, 5, 6 5:00pm-6:45pm  
June 10, 11, 13, 17 8:15am-10:00am

Location: BHS Practice Football Field

Camp Staff: Varsity Football Staff

### **BOBCAT HIGH SCHOOL FRESHMAN FOOTBALL CAMP**

**Grade 9 (Fall 2019) Includes camp t-shirt if registered by May 24<sup>th</sup> .....\$50**

The purpose of summer camp is to teach football fundamentals and the Bobcat offensive and defensive schemes. This camp is for incoming 9<sup>th</sup> grade BHS football players. Drill work will focus on individual position skills and techniques. Team concepts will be taught.

Dates: July 8, 9, 10, 11

Times: 8:15am-9:45am

Location: BHS Practice Football Field

Camp Staff: Varsity Football Staff & Varsity Players

### **BOBCAT MIDDLE SCHOOL FOOTBALL CAMP**

**Grades 7, 8 (Fall 2019) Includes camp t-shirt if registered by May 24<sup>th</sup> .....\$40**

The purpose of summer camp is to teach football fundamentals and the Bobcat offensive and defensive schemes. This camp is for incoming 7<sup>th</sup> and 8<sup>th</sup> grade football players. Drill work will focus on individual position skills and techniques. Team concepts will also be taught.

Dates: July 8, 9, 10

Times: 10:00am-11:30am

Location: BHS Practice Football Field

Camp Staff: Varsity Football Staff and Varsity Players

## **BOBCAT CROSS COUNTRY CAMPS**

### **BOBCAT HIGH SCHOOL CROSS COUNTRY CAMP**

**Grades 9-12 (Fall 2019) Includes camp t-shirt.....\$150**

Dates & Times: Depart July 8, 7:00am-return July 10, 7pm

Location: Black Hills, Custer State Park

Camp Staff: Coach Gruenhagen & staff

### **BOBCAT MIDDLE SCHOOL CROSS COUNTRY CAMP**

**Grades 5-8 (Fall 2019) Includes camp t-shirt.....\$25**

Dates: July 22-25

Times: 8:00am-9:15am

Location: BHS, Room 306

Camp Staff: Coach Gruenhagen, Coach Carda & staff

## **BOBCAT ACCELERATION CAMPS**

### **BOBCAT ACCELERATION CAMP FOR HIGH SCHOOL GIRLS**

**Grades 9, 10, 11, 12 (Fall 2019) Includes camp t-shirt.....\$95**

This camp will focus on overall athletic development for female athletes with an emphasis on acceleration, speed, strength, coordination, flexibility and injury prevention. Each athlete will receive feedback reflecting progress made during the course of the camp.

Dates: June 5-June 28, July 8-26 (Monday, Wednesday, Friday)

Times: 10:00am-11:30am

Location: BHS Multipurpose Room and Weight Room

Staff: Jason Sebern, Scott Miller, & Jim Hazelton

### **MIDDLE SCHOOL BOBCAT ACCELERATION CAMP**

**Grades 7, 8 (Fall 2019) Includes camp t-shirt.....\$65**

This camp will focus on overall athletic development for young athletes with an emphasis on acceleration, speed, strength, coordination, flexibility and injury prevention. Each Athlete will receive testing data reflecting progress made during the course of the camp.

Dates: June 6, 11, 13, 18, 20, 25, 27, July 9, 11(Tuesday & Thursday)

Times: **Boys** - 9:15am-10:30am

**Girls** -10:30am-11:45am

Location: BHS Multipurpose Room and Weight Room Camp

Staff: Jason Sebern and Jim Hazelton

### **BOBCAT ACCELERATION CAMP – BOYS & GIRLS**

**Grades 5, 6 (Fall 2019) Includes camp t-shirt.....\$55**

This camp will focus on age-appropriate athletic development for young athletes with an emphasis on acceleration, agility, coordination and flexibility. Each child will receive instruction on these fundamental athletic skills in a positive learning environment.

Dates: June 5, 7, 10, 12, 14, 17, 19, 21, 24, 26, 28 (Monday, Wednesday, Friday)

Times: 9:00am-9:55am

Location: BHS Multipurpose Room

Camp Staff: Jason Sebern & Jim Hazelton

### **BOBCAT ACCELERATION CAMP – BOYS & GIRLS**

**Grades 3, 4 (Fall 2019) Includes camp t-shirt.....\$25**

This camp will focus on age-appropriate athletic development for young athletes with an emphasis on acceleration, agility, coordination and flexibility. Each child will receive instruction on these fundamental athletic skills in a positive learning environment.

Dates: June 4, 11, 18, 25 (Tuesdays)

Times: 1:00pm-2:00pm

Location: BHS Multipurpose Room

Camp Staff: Jason Sebern & Jim Hazelton

### **BOBCAT SPRINTS AND HURDLES CAMP – BOYS & GIRLS**

**Grades 1, 2, 3, 4, 5, 6, 7, 8 (Fall 2019) Includes camp t-shirt.....\$20**

This camp will focus on age-appropriate athletic development for young athletes with an emphasis on acceleration, speed, coordination, and flexibility. Each child will be taught how to sprint over a short (12-30") hurdle.

Dates: June 6, 13, 20, 27

Times: 1:00pm-2:00pm

Location: BHS Track

Camp Staff: Jason Sebern and BHS Hurdlers

## BOBCAT VOLLEYBALL CAMPS

### **BOBCAT VOLLEYBALL CAMP & SKILLS DEVELOPMENT**

**Grades 9-12 (Fall 2019) Includes camp t-shirt.....\$100**

**SKILL DEVELOPMENT: Mondays & Wednesdays**

Dates: June 10, 12, 24, 26, July 8, 22, 24, 31

Times: 8:30am-10:00am

Location: BHS Aux Gym or Camelot

**SCRIMMAGE: (2 ON 2, 3 ON 3, 4 ON 4, 6 ON 6)**

Dates: June 7, 14, July 12, 26

Times: 9:00am-10:00am

Location: BHS Aux Gym

**CAMP WEEK: Monday, Tuesday, Wednesday, Thursday**

Dates: June 17-20

Times: 8:00am-10:00am

Location: BHS

Staff: BHS Volleyball Coaches

**Grades 7-8 (Fall 2019) Includes camp t-shirt.....\$80**

**SKILL DEVELOPMENT: Mondays & Wednesdays**

Dates: June 10, 12, 24, 26, July 8, July 22, July 24, July 31

Times: 10:00am-11:00am

Location: BHS Aux Gym or Camelot

**CAMP WEEK: Monday, Tuesday, Wednesday, Thursday**

Dates: June 17-20

Times: 10:30am-12:00pm

Location: BHS

Staff: BHS Volleyball Coaches

**Grades 1-6 (Fall 2019) Includes camp t-shirt.....\$40**

Dates: June 17-20

Times: 1:30pm-2:45pm – Grades 5 & 6

3:00pm-4:00pm – Grades 1, 2, 3, 4

Location: BHS

Staff: BHS Volleyball Coaches & Players

## **BOBCAT GOLF CAMPS**

### **BOBCAT HIGH SCHOOL GOLF CAMP – BOYS & GIRLS**

**Grades 9, 10, 11, 12 (Fall 2019)** .....\$45

This camp will focus on fundamental skills of golf, individual skill development, and on course management needed for competition.

Dates: July 8, 9, 11, 12

Times: 9:00am-10:30am

Location: Brookings Country Club

Staff: Holly Sebern

### **BOBCAT MIDDLE SCHOOL GOLF CAMP – BOYS & GIRLS**

**Grades 5, 6, 7, 8 (Fall 2019)** .....\$45

This camp will focus on fundamental skills of golf, individual skill development, and on course management.

Dates: July 8-11

Times: 1:00pm-2:30pm

Location: Edgebrook Golf Course

Staff: Holly Sebern

## **BOBCAT COMPETITIVE CHEER CAMP**

**BOBCAT TEAM CAMP:** *Includes camp shirt, team camp*

**Grades 9, 10, 11, 12 (Fall 2019)** *Includes camp shirt, team camp* .....\$100

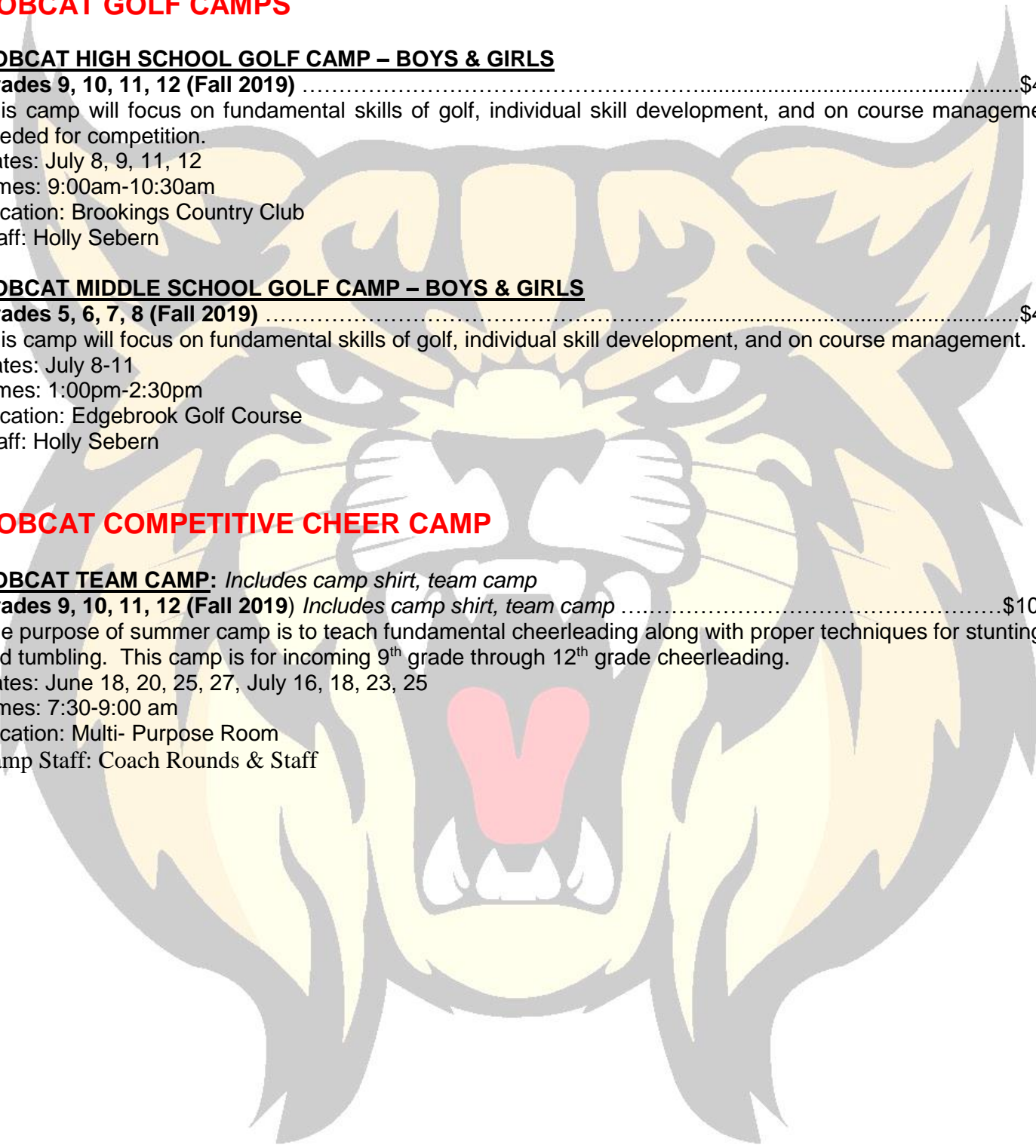
The purpose of summer camp is to teach fundamental cheerleading along with proper techniques for stunting and tumbling. This camp is for incoming 9<sup>th</sup> grade through 12<sup>th</sup> grade cheerleading.

Dates: June 18, 20, 25, 27, July 16, 18, 23, 25

Times: 7:30-9:00 am

Location: Multi- Purpose Room

Camp Staff: Coach Rounds & Staff



## STRENGTH & CONDITIONING

	Monday	Tuesday	Wednesday	Thursday	Friday
6:00a	Varsity Football	Varsity Football	Open Lift	Varsity Football	Varsity Football
7:00a	Varsity Football	Varsity Football	Open Lift	Varsity Football	Varsity Football
8:00a	Freshman Football	Freshman Football	Mobility Session	Freshman Football	Freshman Football
9:00a	Boys and Girls Soccer (Lift)	Boys and Girls Soccer (Conditioning)	Boys and Girls Soccer (Lift)	Boys and Girls Soccer (Conditioning)	Boys and Girls Soccer (Lift)
10:00a	Girls Volleyball and Girls Basketball (Lift)	Girls Volleyball and Girls Basketball (Conditioning)	Girls Volleyball and Girls Basketball (Lift)	Girls Volleyball and Girls Basketball (Conditioning)	Girls Volleyball and Girls Basketball (Lift)
11:00a	Golf, Tennis, XC Winter and Spring Off Season Lift Open Lift Session 1	Golf, Tennis, XC Winter and Spring Off Season Conditioning Open Conditioning Session 1	Golf, Tennis, XC Winter and Spring Off Season Lift Open Lift Session 1	Golf, Tennis, XC Winter and Spring Off Season Conditioning Open Conditioning Session 1	Golf, Tennis, XC Winter and Spring Off Season Lift Open Lift Session 1
12:00p	Golf, Tennis, XC Winter and Spring Off Season Lift Open Lift Session 2	Golf, Tennis, XC Winter and Spring Off Season Conditioning Open Conditioning Session 2	Golf, Tennis, XC Winter and Spring Off Season Lift Open Lift Session 2	Golf, Tennis, XC Winter and Spring Off Season Conditioning Open Conditioning Session 2	Golf, Tennis, XC Winter and Spring Off Season Lift Open Lift Session 2
1:00p	Room Closed	Room Closed	Room Closed	Room Closed	Room Closed
All BHS and MMS students are welcome Monday – Friday, 11:00a-12:00p, 12:00-1:00p, or Wednesday 6:00-8:00a					
Schedule effective June 3 <sup>rd</sup> – August 22nd					
Room closed July 1 <sup>st</sup> – July 5 <sup>th</sup>					

# BAND LESSONS and GROUP CAMPS

## YOUTH BAND CAMP-MONDAY MUSICIANS MONTH

**Grades 6, 7, 8 (Fall 2019)** .....\$12.00/session

Dates: June 10, 17, 24 (Mondays)

Times: 11:00am-12:05pm

Location: BHS Band Room

Staff: Mr. Stary and BHS Students

## YOUTH BAND CAMP – PERCUSSION JULY SESSION

**Grades 6, 7, 8 (Fall 2019)** .....\$55.00

Dates: July 22-25 (Monday – Thursday)

Times: 12:05pm-1:00pm

Location: BHS Band Room

Staff: Mr. Soukup, Mr. Stary and BHS Students

First 10 slots for percussionist only. Non-percussionist must be signed up for youth band first, then percussion as a secondary/exploratory experience. (This class is not for switching instruments.)

## YOUTH BAND CAMP – WOODWINDS & BRASS JULY SESSION

**Grades 6, 7, 8 (Fall 2019)** .....\$55.00

Dates: July 22-25 (Monday – Thursday)

Times: 11:00am-12:00pm

Location: BHS Band Room

Staff: Mr. Soukup, Mr. Stary and BHS Students

## YOUTH BAND--FLAG

**Grades 6, 7, 8 (Fall 2019)** .....\$30.00

Dates: June 17-20 (Monday- Thursday)

Times: 10:00am-11:00am

Location: BHS Band Room

## SUMMER MUSIC LESSONS

**Grades 5, 6, 7, 8, 9, 10, 11, 12 (Fall 2019)**

(5) Five Total .....\$70.00

(4) Four Total Lessons .....\$58.00

Lesson assignment time and day slots will be given in order by date registration sheets are received. You will be notified of lesson schedule by June 1 via email address given below.

Dates: June 10-July 27, no Fridays

Times: Arranged

Staff: Mr. Stary or Mr. Soukup

Location: BHS Band Room or MMS Band Room

Students use lessons to improve note reading, range, prepare for the HS band or All-State auditions, work with smart music, or with any area of interest; such as jazz improvisation, music theory, solos (HS students may learn a secondary instrument).

Student Name \_\_\_\_\_ Grade \_\_\_\_\_

Instrument: \_\_\_\_\_

Email Address: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

Please indicate the appropriate response:

Teacher requested: (circle one)

Preferred Lesson Day: \_\_\_\_\_

Mr. Stary or Mr. Soukup

Preferred Lesson Time: \_\_\_\_\_

Please indicate best times for lessons based on selection made above. (ex. Early morning, late morning, early afternoon, late afternoon). Please indicate impossible lesson times for your child.

Payment due with registration sheet. Additional method book or other materials extra. Email

[Ronald.Stary@k12.sd.us](mailto:Ronald.Stary@k12.sd.us) with questions.



# BROOKINGS HIGH SCHOOL 2019 SUMMER CAMP REGISTRATION

**\*\*Please fill out a separate registration for each child\*\***

**2019 CAMP REGISTRATION DEADLINE IS MAY 31, 2019**

**Payment Due with Registration Sheet. Checks payable to BHS Activities.**

2019 Camp Registration

Name \_\_\_\_\_

Address: \_\_\_\_\_

Parent's Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Parent's Email: \_\_\_\_\_

Camp(s)	Price	Subtotal
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

T-shirt size \_\_\_\_\_ Camp(s) Total \_\_\_\_\_ Method of Payment: cash  check

**\*\*We are unable to accept Credit/Debit cards for payment\*\***

**Please Drop Off or Mail Registration To:**

**BHS Activities Office  
530 Elm Ave  
Brookings, SD 57006  
605-696-4111**

Camp descriptions and objectives can be found by going to: <https://www.brookings.k12.sd.us>  
Click on Activities/Athletics, then Summer Camps.